

Understanding and Effectively Responding to Clients with Borderline, Antisocial and Narcissistic Personality Disorders

26 July 2010 – Brisbane (Novotel Hotel)

Early Bird closes
18/6/2010

Workshop Overview

Regardless of clinical specialty, caseloads invariably include clients with personality disorders. These clients can be challenging when their diagnoses are known; working with them when their disorders go undetected is even more challenging and frustrating.

This workshop offers you practical strategies to assess and work more effectively with antisocial, borderline and narcissistic personality disorders. Learn how to deal with manipulative behaviours and how to set limits with your clients.

The learning outcomes would be;

- Identify the characteristics and behaviours of antisocial, borderline, and narcissistic personality disorders
- Understand the treatment implications for working with these clients
- Learn practical techniques to use when working with personality disordered people
- Recognize and address “manipulative” behaviours
- Identify “traps” to avoid when working with this clientele
- Learn how to “survive” emotionally as a clinician

MORNING WORKSHOP AGENDA

8.30am – 9.00am Registration and Morning Coffee

9:00am – 10:40am

- Introduction to personality and personality disorders
- Understanding the perspective of those with personality disorders
- Strategies for assessing personality disorders

10:40am – 11:00am Morning Tea

11:00am-12:45pm

Borderline Personality Disorder

- Characteristics of the disorder
- Strategies for intervention and management

Antisocial Personality Disorder and Psychopathy

- Characteristics of the disorder
- Strategies for intervention and management

12:45pm – 1:30pm Lunch

AFTERNOON WORKSHOP AGENDA

1:30pm-3:00pm

- **Antisocial Personality Disorder, cont'd**
- **Narcissistic Personality Disorder**
 - Characteristics of the disorder
 - Strategies for intervention and management

3:00pm-3:20pm Afternoon Tea

3:20pm – 5:00pm

- Clinician and team well-being
- Supervisory models
- Discussion and questions

5:00pm Workshop close

After this one-day training, participants should be able to;

- 1) discuss the definition of personality disorder, including identifying patterns of thoughts, emotions, and behaviours in functioning
- 2) explain the DSM-IV-TR diagnoses of these three personality disorders
- 3) identify the role of brain vs. learned behaviours in the more severely disordered behaviours
- 4) identify the common life histories and the roles of trauma and attachment in the development of these personality disorders
- 5) discuss the connection between these personality disorders and manipulation, self-abuse, dramatic interactions & violent behaviour
- 6) discuss accepted treatments, limits, and outcomes of this population
- 7) discuss the role of workers' responses to people with these disorders in exacerbating their dysfunctional behaviour
- 8) practice effective personal and professional responses to such clients.

REGISTRATION FAX LINE 02 6628 2902

